

BSCAH COUNCIL Minutes 29th October 2016. CIVIL SERVICE CLUB LONDON

- 1) Present –Grahame Smith (Chair), Simon Barnett, Jane Boissiere, Les Brann, Mike Capek, David Kraft, Ann Williamson, Cathryn Woodward, Hilary Walker(Nat Office Secretary).
- 2) Apologies for absence - Charlotte Davies, Zoita Mandila, Peter Naish, Cath Potter, Jean Rogerson, Martin Wall.
- 3) Minutes of previous meeting. Proposed Cathryn Woodward; seconded by Ann Williamson
- 4) Matters arising
ICO – Branches are covered by BSCAH National ICO subscription. Hilary & Cathryn to send a document detailing this and data protection requirements to Branches.
Irish branch – Contact has not yet been made with Debbie but Grahame hopes to speak to her at the Waxman Lecture at the RSM. To be discussed at a later date.
Ann will send an e-mail to members asking if they want any of the L&C audio tapes to digitise before they get disposed of. Branches to compile a list of media that they have in their possession. She could also approach the CHSTM.
- 5) Chairman's address – Nothing to report.
- 6) Matters arising from Reports.

Hon Secretary – Wishes to clarify length of temporary membership for Foundation delegates. This is for a full calendar year. Hilary to contact temp members in Dec inviting them to join. Hilary to put on website as an incentive.

Changes to the criteria for the referral list to allow all members to have their names displayed (with a rider that they are only on as members, not as Accredited members) was discussed. Further discussion is required. Hilary and Cathryn to send an e-mail around Council to ask their thoughts, and then collate for a proposal to the AGM.

Hon Treasurer – AW suggests we keep subscription at its present level for the next year. Agreed unanimously.

National Office Secretary's salary: contracted for minimum of 10 hours per week at £15.00 for 48 weeks per = £600 per month currently. The nature and complexity of the work has increased as has Hilary's experience. Council agreed to increase the rate to £17.00 per hour and review annually.

Academic and Accreditation Sub-Committee – A need for additional members and expertise was raised. Simon is in consultation with Kathryn Kinmond at MMU. Jane Boissiere is in contact with Tim Johnson who is consultant at Salford Royal and doing training at L & C as well as Richard Brown and Leslie Hunter (psychologist educator in Edinburgh). Lindsay Joyce (Mets & South) who has a PhD in hypnosis, Charlotte Davies, Debbie Houghton, Tony Stewart, Grahame Wagstaff and John Gruzelier were also proposed.

Simon has requested that we formalise a written peer support operational policy. Simon and Ann to draft and get Council approval. Also to put on member's area of the website a list of experienced members willing to offer peer support and review on members request.

'Taster' days are to be called 'Introduction to Clinical Hypnosis'

Those that have been on a Foundation Course and who wish to progress to the Advanced Diploma should be of the level to go straight to Module 2 but would be required to write an essay to demonstrate that the four learning outcomes of the Diploma have been met. Ac & Ac will need to check the Core Curriculum with the details from the Diploma Module 1 that Simon will provide and then liaise with Branch trainers.

We need manpower to implement future development so we intend to conduct a members' survey. Questions will be compiled by Ac & Ac and Hilary and sent out to members.

It was suggested that a prospectus would be beneficial showing the educational routes which you can take through BSCAH.

Newsletter – Nothing to report. A vote of thanks was given to Charlotte. It was suggested that Charlotte asked for written permission/copyright when requesting articles. The last two newsletters to be put on the public area of the website.

CH & IT - One issue came out earlier this year.

Ethical report – Nothing to report.

Website – Members directory: permission was granted to upgrade the member's directory so that it can be searched by Branch and profession as well as name. Matt Whalley's suggestions were agreed and will be implemented. Council are to e-mail National Office with any suggested concrete changes that would improve the website. Up to £600 can be spent before further recourse to Council. Joanna from Consort Design will be invited to the next Council meeting for an hour to discuss changes to the website.(Hilary & Ann)

Communications – Jane has attended an important meeting regarding MUS and NHS provision. MUS costs the NHS 3.25 billion. 50% hospital patients have MUS (only 7% of budget goes on mental health). NHS is attempting to give parity to clinical and mental health, but it would cost too much to employ so many psychologists. We need to prove that hypnosis would reduce costs by training existing staff. Eamonn Coveney has been trying to do this at West Suffolk Hospital. We could apply to Government to receive Vanguard money to pilot these schemes. CW and SB warned that it could be tricky and that JB should tread lightly. Jane to discuss developments with Cathryn.

Branch reports – None

- 7) 2016 Annual conference went well with good feedback and a small profit. The next AGM will be scheduled for Aug 2017 during ESH 2017. 130 people registered so far. The abstract submission date will be extended until the end of the year. The early bird rate will expire at the end of Feb 2017.

Peter Naish's experiment with the translation app was trialled at the annual conference but was unsuccessful as it didn't work with more than four people. Martin Wall has a contact who does simultaneous translation who will provide the service if we get more than 50 delegates (arranged with Martin Wall and Claude Viro, Head of the French Societies). Les Brann and Karen Mackrodt spoke to the Slovenian hypnosis society recently. They said that ESH 2017 was too expensive. Jane is working on getting sponsors for the ESH conference. She was given permission by Council to carry on.

- 8) Future developments/Development officer.

This overlapped somewhat with JB's report above. MC submitted document on RAD Strategy and this was discussed.

Mike's proposed action points are as follows:

- Having the evidence for the efficacy of hypnosis for each of the major conditions in a readily available format on the website
 - Evidence for
 - Weaknesses of research undertaken
 - legitimate areas of further enquiry

In the first instance Les agreed to compile references for MUS and Ann will tackle chronic pain.

- The evidence base demonstrating the cost-effectiveness of hypnosis

Elvira Lang's study

- Templates available for
 - Writing an audit proposal
 - Writing an audit
 - Writing ethics approval
 - Writing a funding grant application
 - Writing a research proposal
 - Writing a patient explanation leaflet
 - Writing a patient research consent form
 - Running a clinical hypnosis service
- Writing a patient video consent form

Cathryn and Simon might be able to tackle some of the above and provide notes on what needs to be included.

- 9) AOB – none raised

- 10) Date of next meeting - 21/01/16